



# KCER Watch

Safety and Health Topics: Emergency Preparedness Bulletin

June 2016

## In this Issue

### Hot Topics

- [2016 Hurricane Season: Are You Prepared?](#)
- [Flood Safety: Turn Around Don't Drown](#)

### Education/Communication

- [Pacific Disaster Center Website](#)
- [FEMA Launches New Children's Disaster Website](#)
- [Stay Safe This Summer! #SummerSafety](#)
- [Coping with Disaster](#)
- [CPR|AED Awareness Month](#)

## Hot Topics

### 2016 Hurricane Season: Are You Prepared?



June is here, and so is hurricane season. Unlike most natural disasters, hurricanes rarely take us by surprise. This means being prepared is a much easier task to tackle. Check out this helpful resource that covers some of the items you may not first think of when getting prepared for this year's hurricane season.

Read More: <http://goo.gl/tQK1ie>

[BACK TO TOP](#)

### Flood Safety: Turn Around Don't Drown

Each year, more people are killed by flood waters than from any other thunderstorm related threat. The Centers for Disease Control and Prevention (CDC) reports over half of all flood related drownings occur when a vehicle is driven into dangerous flood water.

The National Weather Service provides important flood safety information including a short public service announcement on the "Turn Around Don't Drown" campaign.



Read More: <http://goo.gl/mYsDyd>

[BACK TO TOP](#)

## Pacific Disaster Center Website

Being prepared means different things for different regions. The Pacific Disaster Center Website provides helpful tools and resources specific to hazards that could affect our Pacific regions, including Hawaii, Guam, American Samoa, and Saipan. Check out their resources pages to find a disaster supply kit, family disaster plan, and other tools for tsunami, typhoon, volcano, and earthquake planning.



Read More: <http://www.pdc.org/resources/>

[BACK TO TOP](#)

## FEMA Launches New Children and Disaster Webpage



There are nearly 69 million children under the age of 18 in the United States who make-up nearly one-quarter of the entire U.S. population. One of FEMA's (Federal Emergency Management Agency) priorities is to be survivor-centric in mission. To help in that effort, FEMA recently unveiled a new webpage that is designed to be quickly and easily accessible for everyone. The new Children and Disasters webpage has resources that can help children prepare and recover from a natural disaster.

Read More: <https://goo.gl/kuXSE1>

[BACK TO TOP](#)

## Stay Safe This Summer! Seven Summertime Precautions for People with Kidney Disease

Summer means vacation, outdoor activities, and fun in the sun! It's a time when families hit the road to visit national parks or distant relatives. But don't let the sunny days and warm nights fool you. Summer also holds significant weather and water hazards.

There are certain precautions that everyone should take during the sunny and warm summer months. If you have chronic kidney disease (CKD), you'll need to take a few additional steps to protect your health in the summertime or when visiting warmer climates.



Read More: <https://goo.gl/Bm40P2>

[BACK TO TOP](#)

## Coping with Disaster

No matter how well you prepare for a natural disaster, the actual event may leave you feeling sad, angry or helpless. It's important to know that these feelings are normal, and accepting these feelings will help you heal. Here is a list of resources you can use to help you get through the emotional response of a natural disaster.

Read More: <http://goo.gl/Pzg3Gs>

[BACK TO TOP](#)

---



## CPR | AED Awareness Month

June is National CPR-AED Awareness Month. Sudden cardiac arrest kills thousands of people each year. According to the Centers for Disease Control and Prevention (CDC), sudden cardiac arrest is when the heart suddenly stops beating, resulting in no blood flow to the brain and other vital organs. CPR training is an important resource in a medical emergency that can end up saving someone's life.

Read More: <http://goo.gl/EH29PS>

[BACK TO TOP](#)

---

You can find this month's KCER Watch and past editions on our website:

[www.kcercoalition.com/resources/kcer-watch](http://www.kcercoalition.com/resources/kcer-watch)



[www.kcercoalition.com](http://www.kcercoalition.com)



[www.facebook.com/kcercoalition](http://www.facebook.com/kcercoalition)



[www.twitter.com/KCERprogram](http://www.twitter.com/KCERprogram)

## What do you think about KCER Watch?

We want your feedback! Please click here to complete a short survey: [www.surveymonkey.com/r/KCERWatchJune](http://www.surveymonkey.com/r/KCERWatchJune)

This material was prepared by the Kidney Community Emergency Response (KCER) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. CMS Contract #: HHSM-500-2006-00007C, Publication No.: FL-KCER-7K1T3A-06282016-01