# WHAT IF... AWARENESS **CAMPAIGN**



Most patients think they are prepared for an emergency, but are you really?

### **Emergency Checklist**

- ☐ Make sure your dialysis clinic has your correct address and contact information.
- ☐ Keep extra charges for your cell phone on hand.
- ☐ Learn how to text. Text messaging uses less power and can usually get through when calls cannot.
- Ask family, friends, and neighbors to check on you during emergency events.
- Keep a non-cordless phone in your home. It is likely to work when power is out.
- Subscribe to an alert service.
- ☐ Listen to your radio or TV for the latest information.

## THE FACTS

Local phone lines often out before long-distance lines.

Do not count on your cell phone. If land lines are down, an increase in cell traffic can overload the cellular network. The disaster might also take out cell towers.



#### **Kidney Community Emergency Response**

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