## WHAT IF... AWARENESS CAMPAIGN

# NO POWER

Most patients think they are prepared for an emergency, but are you really?

### **Emergency Checklist**

- Contact your facility to find out the plan for dialysis treatment.
- □ Keep a battery operated radio with extra batteries or a hand-crank radio in your emergency kit.
- Have a flash light with extra batteries in your emergency kit.
- Have extra charges for your cell phone.
- Throw out any refrigerated items after four hours. Frozen

## THE FACTS

The process of dialysis requires a power source.

If power is out for more than four hours, refrigerated foods become unsafe.

foods can be kept longer.

Turn off all electric-powered items except one light, so you know when the power is restored.



#### **Kidney Community Emergency Response**

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