

DIALYSIS PATIENT DISASTER SURVIVAL GUIDE

Remember the “3 + C’s” in the Event of a Disaster

- ✓ *3 Day Emergency Diet Plan*
- ✓ *Carry Red Cross Emergency Contact Card*
- ✓ *Clamp and Disconnect Procedure*
- ✓ *Clinic’s Disaster Hotline Number: _____*

DON’T FORGET TO MAKE A PLAN, GET A KIT, BE INFORMED



In case of...

Fire — Get out, stay out. Call 911.

Earthquake — Drop, Cover and Hold.

Flood — Do not walk or drive through moving water or into flooded areas. Seek higher ground.