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Most patients think they are prepared for an emergency, but are you really?

Emergency Checklist

- ☐ Make a copy of all the medication that you take and keep it in a safe, waterproof location. The list should include each medication name, dosage, and instructions.
- ☐ Take all of your medications with you if you have to leave your home.
- ☐ Make sure you have enough medication for at least one week. If this is not possible, keep as much as you can on hand. Talk with your pharmacist or doctor about what else you should do to prepare.
- ☐ Throw away any damaged medications. Medication that looks wet or smells differently may not be safe to take.
- ☐ Talk with your doctor and pharmacist in advance about the Emergency Prescription Refill law.

THE FACTS

Some medication requires refrigeration. If electrical power has been off for a long period of time, the refrigerated medication should be thrown away and replaced.

Healthcareready.org has an online tool that helps patients find the location of open pharmacies in a disaster area.



Kidney Community Emergency Response

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