

# WHAT IF... AWARENESS CAMPAIGN



# NO SUPPORT

Most patients think they are prepared for an emergency, but are you really?

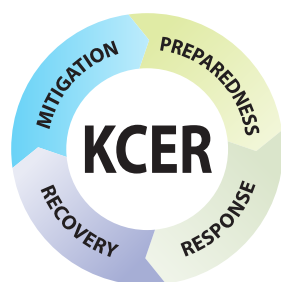
## Emergency Checklist

- Ask a loved one in an outside area to be your contact person. In an emergency, you may not be able to make telephone calls in your neighborhood, but may be able to place calls to another area.
- Before an emergency happens, make a plan to stay with a relative or friend in a nearby community, in the event you need to leave your home.
- Ask your dialysis staff to teach you the emergency procedure to get off of your dialysis machine safely, if no one is available to help you.
- Make sure a neighbor has the contact information for your family in case you need assistance and are unable to make a call yourself.

## THE FACTS

46% of individuals expect to rely a great deal on people in their neighborhood for assistance within the first 72 hours after a disaster. Are you connected with your neighbors for support?

Your family may not be together when a disaster occurs. Plan how you will contact one another, then test your emergency communication plan.



## Kidney Community Emergency Response

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