

# WHAT IF... AWARENESS CAMPAIGN



# NO WATER

Most patients think they are prepared for an emergency, but are you really?

## Emergency Checklist

- In the event of a power outage, contact your dialysis facility to find out the plan for treatment. Most dialysis units use on-site water treatment systems to clean the municipal water supply. The loss of power to a water treatment system is serious.
- If there is a report of a sewage line or water main pipe break in your area, do not use the water in your home for drinking.
- Your 3-day emergency diet kit should include 1 to 2 gallons of bottled water. On the 3-day emergency diet, you are only allowed 2 cups of fluid each day.
- Follow all boil water advisories (BWAs). Create a supply of safe water by bringing water to a rolling boil for one minute. Timing starts when the water starts to bubble.

## THE FACTS

If your facility floods, even for a short time, the water treatment system can be damaged. Flooding can also lead to shorting of your electrical power supply and loss of electricity.

Taking in too much fluid can cause a build-up in the lungs, making it difficult to breathe. If your facility has no water for treatment, follow your emergency diet to help avoid excess fluid build-up.



## Kidney Community Emergency Response

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